



Winter Program **Sunday, January 10, 2021—Zoom Webinar**

## **Navigating the Challenges of Changing Bodies: Dealing With Sexuality Through the Life Cycle**

*Presenter: Daniel N. Watter, Ed.D.*

### **PROGRAM:**

As people are living longer, concerns about quality of life have taken on an increasingly prominent place in the lives of our patients. One of the most frequently expressed concerns/frustrations with aging is how to manage the sexual changes that naturally occur in an aging body. Such concerns have implications for both levels of self-esteem and relationship/intimacy maintenance and enhancement. The same can also be said for body changes throughout the lifespan, be they from aging, injury, pregnancy, or illness. This presentation will address the myriad sexual dilemmas facing our patients as they deal with unwanted bodily changes, as well as suggest strategies the practicing psychologist can employ when working with such patients.

### **PRESENTER:**

Dr. Daniel N. Watter received his doctoral degree from New York University in 1985, and has also earned a post-graduate certificate in Medical Humanities from Drew University. He is licensed as both a psychologist and a marital and family therapist. In addition, he is Board Certified in Sex Therapy by the American Association of Sexuality Educators, Counselors, and Therapists (AASECT), and the American Board of Sexology (ACS), of which is also holds Fellowship status. Dr. Watter is an AASECT certified sex therapy supervisor, and has been elected to Fellowship Status in the International Society for the Study of Women's Sexual Health (ISSWSH).

*Learning Objectives:* This workshop is designed to help participants:

1. Identify the sexual concerns common to psychotherapy patients' changing bodies.
2. Apply treatment strategies based on an existential-humanistic treatment model.
3. Analyze the ethical conflicts presented in our current focus of treatment for this population.

**ZOOM WEBINAR:** *please register in advance for the Zoom webinar at:*

[https://us02web.zoom.us/webinar/register/WN\\_AQQEfHpITOOOWMI273mblOw](https://us02web.zoom.us/webinar/register/WN_AQQEfHpITOOOWMI273mblOw)

*After registering you will receive a confirmation email containing information about joining the webinar.*

10:45 — 11:00 AM Welcome and orientation

11:00 — 1:00 PM Program

**NCAP Members and Students – No Charge • Guests/Non-NCAP members \$30\***

**\*Guests/Non-NCAP members:** payment can be made through Zelle to NCAP and cell #201-218-0430, or by check made out to NCAP and mailed to: NCAP, 8 Cricket Lane, Woodcliff Lake, NJ 07677.

**2 CE credits available for psychologists (add'l. charge):** Payment for CE is to be made online only, to NJPA after the program. NJPA members \$15; sustaining members N/C. NJPA non-members \$25. After the program, you can remit payment to NJPA online using a link to be distributed at the program, after which you will receive a confirmation email with a link to the CE evaluation form to fill out in order to obtain CE credit.

**RSVP by December 30. Refund available only if cancellation received by January 2nd.**

*This program is co-sponsored by NJPA and NCAP. NJPA is approved by the American Psychological Association to sponsor continuing education for psychologists. NJPA maintains responsibility for the program and its content. This program qualifies for 2 C.E. credit hours for psychologists.*

*Intended audience: Psychologists and graduate students. \*Please note that due to issues of confidentiality, the presentation is open only to people in the field.*

*Program sophistication: Intermediate—some basic knowledge of the specific content is required.*

*The presenter has no commercial support or conflict of interest for this program.*

*NJPA does not endorse the presented material as the only approach to a given area of study or therapeutic approach.*

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