

Winter Program **Sunday, January 23, 2022—Zoom Webinar**

## **Treating Adoptive Families: Adoptive Parenting, Attachment & Identity**

*Presenter: Jeannine Zoppi, Ph.D.*

### **PROGRAM:**

This workshop will focus on several important but often neglected topics crucial to the treatment of adoptive families. The following topics will be discussed from both theoretical and clinical perspectives: 1) Attachment Styles of Adoptive Parents and Impact on Parenting; 2) Creating Space for Birth Fathers in Adoption Stories; 3) Racial Identity: Helping Adoptive Parents Talk with their Children about Race and Racism; and 4) Common Worries of Adoptive Parents.

### **PRESENTER:**

*Jeannine Zoppi is a Clinical Psychologist licensed in New Jersey and New York. Dr. Zoppi received her doctorate from Seton Hall University and has completed post-graduate training in the areas of adoption, attachment and trauma. She has a private practice in Caldwell, NJ, where she specializes in the treatment of adoption issues, adult survivors of childhood abuse and trauma. Dr. Zoppi was selected as NJPA's 2014 Psychologist of the Year. She is the recipient of the 2012 NJPA Member Recognition Award and is a member of the American Psychological Association's Leadership Institute for Women in Psychology Class of 2011. Dr. Zoppi has presented on the topic of adoption at many local and national conferences.*

**Learning Objectives:** This workshop is designed to help participants:

1. Explain how adoptive parents' attachment styles and childhood experiences influence their parenting and relationship with their adoptive children
2. Describe how adoptive parents' self-reflection and emotional attunement to their children can strengthen attachment in adoptive families
3. List 3 examples of how therapists can help adoptive parents talk with their adopted children about birth fathers and birth father fantasies
4. Demonstrate a greater awareness of the impact of birth father fantasies on identity, including racial identity, of adoptees
5. Discuss challenges in the development of racial identity for transracial and international adoptees
6. List 3 essential topics about race, racism and racial identity for conversations between adoptive parents and their children
7. Identify 3 common worries of adoptive parents
8. Describe how therapists can help adoptive parents cope with their adoptive parent worries

**ZOOM WEBINAR:** *Please register in advance for the Zoom webinar at (Zoom link to follow soon)*

10:45 --11:00 AM Welcome and orientation

11:00 -- 1:00 PM Program

**NCAP Members and Students – No Charge • Guests/Non-NCAP members \$30**

**2 CE credits available for psychologists (add'l. charge):** Payment for CE is to be made online only, to NJPA after the program. NJPA members \$15; sustaining members N/C. NJPA non-members \$25. After the program, you can remit payment to NJPA online using a link to be distributed at the program, after which you will receive a confirmation email with a link to the CE evaluation form.

**Guests/Non-NCAP members\*:** payment can be made through Zelle to NCAP and cell #201-218-0430, or by check made out to NCAP and mailed to: NCAP, 8 Cricket Lane, Woodcliff Lake, NJ 07677.

\*Guests/Non-NCAP members, please include your email address with your payment so you can receive instructions for joining the Zoom webinar.

**RSVP by January 16. Refund available only if cancellation received by January 21.**

*This program is co-sponsored by NJPA and NCAP. NJPA is approved by the American Psychological Association to sponsor continuing education for psychologists. NJPA maintains responsibility for the program and its content. This program qualifies for 2 C.E. credit hours for psychologists.*

*Intended audience: Psychologists, psychiatrists, social workers, mental health professionals, graduate students. \*Please note that due to issues of confidentiality, the presentation is open only to people in the field.*

*Program sophistication: Intermediate—some basic knowledge of the specific content is required.*

*The presenter has no commercial support or conflict of interest for this program.*

*NJPA does not endorse the presented material as the only approach to a given area of study or therapeutic approach.*

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