



Northeast Counties Association of Psychologists
Bergen - Hudson - Passaic Counties, NJ

Fall Program – **Sunday, September 30th, 2018**

Implementing An Afrocentric Approach In Therapy

Presenter: Yolanda Hawkins-Rodgers, Ed.D

PROGRAM:

The importance of understanding how to implement an Afrocentric approach in therapy cannot be underscored enough when working with an African American clientele. The Afrocentric approach was developed as a response to a strictly Eurocentric approach to therapy which may not distinguish the risks, dilemmas and historical trauma that are unique to the African American population. The Afrocentric Approach will be introduced and be described as to how it can be incorporated into the therapist's clinical work.

PRESENTER:

Yolanda Hawkins- Rodgers, Ed.D., LP, LPC, ACS, has a practice in Bergen County, New Jersey. She is a clinical consultant for Department of Child Protection and Permanency of New Jersey. Dr. Hawkins-Rodgers also supervises permit holders seeking licensure as psychologists, professional counselors and marriage and family therapists. She is the former chair of the department of Psychology and Counseling for undergraduate and graduate students at Fairleigh Dickinson University, Madison campus. Dr. Hawkins-Rodgers has developed and conducted numerous trainings on multicultural diversity for businesses and agencies both locally and regionally.

Learning Objectives: This workshop is designed to help participants:

- * Describe key concepts in the Afrocentric approach to therapy.
- * Describe the Eurocentric approach vs the Afrocentric approach.
- * Identify the African American population from other populations in applying the approach.
- * List 3 relevant issues that are often themes for African American clients.
- * Apply the Afrocentric approach to clinical situations through vignettes.
- * Analyze 2 methods applied in practice with African Americana clients.

LOCATION: Cresskill Senior Center, 38 Spring St., Cresskill, NJ 07676

9:45 – 10:15 AM Registration and Continental Breakfast

10:15 – 10:45 AM Annual NCAP Business Meeting

11:00 – 1:00 PM Program

Location is ADA accessible. For further accommodations contact Joan Fiorello, joangf@hotmail.com or 201-784-0312.

NCAP Members and Students – No Charge • Guests \$30

2 CE credits available for psychologists (add'l. charge): NJPA members \$15; sustaining members N/C. NJPA non-members \$25. Payment for CE is to be made online only, after the program. After remitting payment you will receive a confirmation email with a link to the CE evaluation form (this new procedure will be explained further at the program).

RSVP to: Joan Fiorello, Ph.D. – joangf@hotmail.com or 201-784-0312

Refund available only if cancellation received by September 21st.

This program is co-sponsored by NJPA and NCAP. NJPA is approved by the American Psychological Association to sponsor continuing education for psychologists. NJPA maintains responsibility for the program and its content. This program qualifies for 2 C.E. credit hours for psychologists.

NJPA does not endorse the presented material as the only approach to a given area of study or therapeutic approach.

Program sophistication: Introductory.

Intended audience: Psychologists, psychiatrists, social workers, nurses, physicians, educators, mental health counselors, marriage and family therapists, graduate students and undergraduate students.

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